

Discharge Summary - Bond University Hospital

Admission source: Emergency Department Admission date: 02/02/2018 Discharge date: 08/02/2018 Reason: Medically stable	Consultant: Dr J James Unit: CARD
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Reason for Admission/Presenting Problems

30mins left chest and arm pain

Principal Diagnosis

STEMI

Other Active Problems

Hypertension
Hypercholesterolaemia
Type 2 diabetes mellitus - on oral hypoglycaemics
Current smoker

Previous Medical History

Inpatient Clinical Management

Given GTN/morphine/aspirin in ED and pain resolved. ECG normal, TnT elevated. Diagnosis of NSTEMI. However then developed further episodes of pain and ECG showed STEMI. Given oral prasugrel & IV heparin, immediate transfer to cath lab.

Angiography via R femoral artery - occluded LAD, balloon angioplasty & stent

3/7 CCU admission then transfer to general ward. No complications, remained pain-free.

Referred to cardiac rehabilitation program on discharge

Complications

Nil Entered

Procedures Performed

2/2/18: Angiography, balloon angioplasty & stent placement LAD

Medications at Admission

Nil Entered

Medications at Discharge

Generic (Brand name) Strength Form	Directions	Status	Reason
Atenolol (Noten) 50mg Tablets	Take ONE tablet in the MORNING	New	Improve heart function
Aspirin (Astrix) 100mg Tablets	Take ONE tablet in the MORNING	New	Prevent blood clots
Clopidogrel (Plavix) 75mg Tablets	Take ONE tablet in the MORNING	New	Prevent blood clots
Perindopril arginine (Coversyl) 5mg Tablets	Take ONE tablet in the MORNING	Unchanged	Treat high blood pressure
Metformin modified release (Diabex XR) 1g Tablets	Take ONE tablet TWICE a day	Increased dose	Treat diabetes
Atorvastatin (Lipitor) 80mg Tablets	Take ONE tablet at NIGHT	Restarted	Treat high cholesterol
GTN spray (Nitrolingual) 400mccg/spray	ONE spray under tongue at first sign of angina/chest pain; may be repeated after 5mins. Call ambulance if pain does not resolve	New	Treat chest pain

Medications Ceased This Admission

Nil Entered

Alerts

Followup Arrangements

Cardiac rehabilitation program
Cardiology OPD review in 3/12

Recommendations to GP

Thankyou for your ongoing care of Peter. He has been asked to see you for review in the next 1 week. Could you please assist with the following:

- Smoking cessation
- Blood pressure control - please initially maximise dose ACEI
- Glycaemic control - dose metformin increased this admission as HbA1c 8.6.
- Support dietary and lifestyle changes

Recommendations to Patient

Take medications as prescribed

See GP within 1 week of leaving hospital for review

Do not drive for 2 weeks

Investigations

BOND UNIVERSITY HOSPITAL

LABORATORY REPORT

DATE: 03/02/2018 PAGE: 1 of 1

PATIENT: Peter Sonnen Age 55 REF:

	Result	Reference (Normal)
Cholesterol	5.2 mmol/L	<4.6
Triglycerides	3.3 mmol/L	<1.5
HDL	0.7	>1.38
LDL	3.2	<3.3
HbA1c	8.6	